

2016 RIO OLYMPIC GAMES NOMINATION CRITERIA: 5th - 21st August, Rio De Janerio

1. NOMINATION/SELECTION PHILIOSOPHY

- 1.1 The New Zealand Olympic Committee's ("NZOC") "Selection Policy 2016 Rio Olympic Games" sets out the criteria that applies for the selection of athletes by the NZOC to compete at the 2016 Rio Olympic Games (the "2016 OG").
- 1.2 This Nomination Criteria is issued by the Board of Athletics New Zealand ("Athletics NZ Board") and sets out the basis on which the Athletics New Zealand ("Athletics NZ") Nomination Panel (refer to clause 5.1) will consider athletes for nomination to the NZOC Selection Panel to be considered for selection to the team to compete at the 2016 OG.
- 1.3 In the event there is any inconsistency between this *Nomination Criteria* and the NZOC/Athletics NZ Agreement, the NZOC/Athletics NZ Agreement shall prevail. This Nomination Criteria shall take effect from 3 July 2015.
- 1.4 The 2016 OG is an Athletics NZ "Black" Singlet competition.

2. ELIGIBILITY

- 2.1 In order to be eligible for nomination for the 2016 OG an athlete must:
 - a) Be a registered member of Athletics NZ at the time of achieving their *Performance Standard (as set out in clause 4)*; AND
 - b) Have provided their name and contact address to the NZOC by Friday 5 February 2016 for the purpose of Out of Competition drug testing by Drug Free Sport New Zealand ("DFSNZ") unless otherwise agreed with Athletics NZ and NZOC; AND
 - c) Have competed at the *Compulsory Selection Trial/s* or have been given dispensation from those competitions (refer to clause 6); AND
 - d) Have qualified for a place in an event/s in accordance with all *IAAF* eligibility, nationality and participation requirements, including the requirements set out in clause 3; AND
 - e) Be eligible to complete an Athlete Application Form as specified in the Long List Standards (attached as Schedule 1).
 - f) Have completed the NZOC Athlete Application Form in full and submitted that form to Athletics NZ no later than Tuesday 24th May 2016; AND
 - g) Have signed the NZOC Athlete Agreement prior to Tuesday 24th May 2016; AND
 - h) Be and remain in "good standing" with Athletics NZ and the NZOC and at all times comply with any established code of conduct or athlete agreement of Athletics NZ and the NZOC and otherwise conduct themselves in a way that does not bring their sport or the team into disrepute; AND
 - i) To Athletics NZ's knowledge, not have used or administered any substance which, if it had been detected as being present in the athlete's body tissue or fluids, would have constituted doping, or used any prohibited method or committed any other doping offence as defined in Athletics NZ or IAAF Anti- Regulations or NZOC's Anti-Doping Bylaw; AND
 - j) Have achieved a *Performance Standard* (as set out in clause 4) within the following *Qualification Periods*.

Events	Qualification Period
Relays, Decathlon, Heptathlon, 10,000m, Marathons,	1 st January 2015 to 11 th July 2016
20km Race Walks & 50km Race Walk	



All other events	1 st May 2015 to 11 th July 2016
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NOTE: Athletes should be aware that failure to comply with any of the requirements set out in this clause 2.1 may render an athlete ineligible for nomination or selection.

2.2 For Individual Events:

The Nomination Panel may nominate athletes who are capable of a *Top 16* placing at the *2016 OG* with the potential to win an Olympic Diploma (Top 8), and that have a track record of sufficient quality and depth that the Nomination Panel believes demonstrates the athletes will be competitive at the *2016 OG* and will perform credibly in the Individual Event. In addition to the *Discretionary Considerations* set out in clause 8, in determining whether or not this criteria has been met, the Nomination Panel will consider, in order of preference:

- a) Athletes who achieve an 'ANZ-A" Performance Standard at the Compulsory Selection Trials (refer 6.1a and 6.1b) and win either the Senior Women's or the Senior Men's events at the Compulsory Selection Trials.
- b) Athletes who achieve one (1) 'ANZ-A' Performance Standard during the Qualification Period;
- c) Athletes that have not previously represented in a senior Black Singlet Team, who achieve one (1) 'ANZ-B' Performance Standard during the Qualification Period;
- d) Athletes that have previously represented in a senior Black Singlet Team, that athlete achieving two (2) 'ANZ-B' Performance Standards during the Qualification Period;
- e) Athletes who are proven performers but do not fulfil the requirements outlined in clause 2.2(a), (b), and (d) as a result of exceptional circumstances (e.g. injury/illness, family bereavements, unfavourable conditions when in peak form etc.).

Note: Each athlete's nomination and selection under clauses 2.2 will be conditional on Athletics NZ receiving an invitation from the International Association of Athletics Federations ("IAAF") for them to compete at the *2016 OG*.

Note: For 2016 OG Athlete Qualification System details please refer to this <u>link.</u>

- 2.3 For *Relay Events*, the Nomination Panel may nominate Relay Teams comprised of up to six (6) athletes deemed capable of a *Top 8* placing by being one of the sixteen (16) teams per *Relay Event* to fulfil the following *IAAF* qualifying requirements:
 - a) By being one of the first eight (8) placed teams at the 2015 IAAF World Relays in the Bahamas; OR
 - b) Being one of the remaining eight (8) teams qualified according to IAAF World Ranking List of 12 July 2016 based on the aggregate of the two fastest times achieved by national teams in the during the Relay Event *Qualification Period*. For the results to be valid for qualification purposes, a minimum of two different international teams, representing at least two countries, must compete in the race.
- 2.4 Relay Event priorities take precedence over Individual Event priorities for athletes who have not achieved an 'ANZ-A' Performance Standard in an Individual Event.

Note: Relay team members that have not achieved an 'ANZ-A' Performance Standard may request permission to start in an Individual Event/s by the Nomination Panel, in consultation with the Athletics NZ High Performance Director (the "ANZ-HP Director") and at the sole discretion of the NZOC, provided Athletics NZ has received an invitation from the IAAF for the athlete to compete in that Individual Event at the 2016 OGs and where competing in this event will not have any detrimental effect on the event(s) they have already been selected for.



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3. ENTRY REQUIREMENTS

Age Requirements

- 3.1 NZOC entries must comply with IAAF Technical Regulations.
- 3.2 Junior Athletes aged 18 or 19 years on the 31st December 2016 (i.e. born in 1997 or 1998) may compete in any event except the Marathon Races and the 50km Race Walk Men.
- 3.3 Youth Athletes aged 16 or 17 years on the 31st December 2016 (i.e. born in 1999 or 2000) may compete in any event except the Throwing Events, Heptathlon, Decathlon, 10,000m, Marathon Races and Race Walks.
- 3.4 Athletes younger than 16 years on the 31st December 2016 (i.e. born in 2001 or later) cannot be entered in any event.

Individual Events

3.5 NZOC may enter up to three (3) qualified athletes for each *Individual Event*. In addition they can enter a maximum of one (1) reserve or P alternate athlete for the same event, provided he/she has achieved a *Performance Standard*.

Marathon Events

3.6 NZOC can only enter athletes in *Marathon Events* if they have achieved a *Performance Standard* at an IAAF accepted Marathon Competition (i.e. as listed on the IAAF website). The first 20 runners in the Men's and Women's Marathon in the IAAF World Championships Beijing 2015 and the top 10 finishers at the IAAF Gold Label Marathons 2015 and 2016 (held during the qualification period) will also be considered as having achieved the *Performance Standard*.

Race Walks Events

3.7 NZOC can only enter athletes in *Race Walks Events* if they have achieved their entry performance at an IAAF accepted Race Walks Competition (i.e. as listed on the IAAF website).

Relays

- 3.8 NZOC may enter one (1) *Relay Team* of up to six (6) athletes in each *Relay Event* as long as the relevant *Relay Team* has achieved the *IAAF* qualifying requirements (refer to Clauses 2.3(a) & 1.6(b).
- 3.9 Athletes competing in an *Individual Event* that corresponds to a *Relay Team* (i.e. 100m corresponds to the 4x100m and 400m corresponds to the 4x400m) must be listed among the 6 athletes for the respective *Relay Team* (i.e. each athlete takes a "slot" even if Athletics NZ does not intend for them to run in the *Relay Team*).

4. PERFORMANCE STANDARDS

- 4.1 The Nomination Panel will only consider *Performance Standards* that have met all IAAF rules and regulations and are published on the official Athletics NZ Rankings website.
- 4.2 For the purpose of this Nomination Criteria, *Performance Standards* mean:

	Men		Event	Women		
"ANZ-A"	"ANZ-B"	"IAAF"		"ANZ-A"	"ANZ-B"	"IAAF"
10.16	10.20	10.16	100m	11.25	11.32	11.32
20.50	20.60	20.50	200m	22.90	23.20	23.20
45.40	45.80	45.40	400m	51.50	52.20	52.20
1:45.80	1:46.10	1:46.00	800m	2m00.90	2m01.50	2m01:50
3:36.20	3:37.20	3:36.20	1,500m	4m05:60	4m07:00	4m07:00
13m20:00	13m25:00	13m25:00	5,000m	15m18:00	15m24:00	15m24:00
28m00:00	28m05:00	28m00:00	10,000m	32m05:00	32m15:00	32m15:00



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2hr12:00	2hr14:00	2hr 19:00	Marathon	2hr27:00	2hr29:00	2hr 45:00
1hr21:30	1hr23:00	1hr 24:00	20Km Race Walk	1hr31:00	1hr33:00	1hr 36:00
3hr50:00	3hr54:00	4hr 06.00	50km Race Walk	-		•
8m25:00	8m30:00	8m30:00	3000m SC	9m35:00	9m45:00	9m45:00
13.47	13.55	13.47	110mH/100mH	12.95	13.05	13.00
49.40	49.75	49.40	400H	55.60	56.20	56.20
8140pts	8100pts	8100pts	Decathlon/Heptathlon	6200pts	6175pts	6200pts
2.29	2.28	2.29	High Jump	1.93	1.92	1.93
Men		Event	Women			
"ANZ-A"	"ANZ-B"	"IAAF"		"ANZ-A"	"ANZ-B"	"IAAF"
5.70	5.60	5.70	Pole Vault	4.55	4.50	4.50
8.15	8.05	8.15	Long Jump	6.70	6.65	6.70
16.85	16.80	16.85	Triple Jump	14.15	14.10	14.15
20.50	20.40	20.50	Shot Put	18.50	17.75	17.75
66.00	65.00	65.00	Discus Throw	63.00	61.00	61.00
78.00	76.60	77.00	Hammer Throw	72.60	71.00	71.00
83.00	82.70	83.00	Javelin Throw	62.00	61.70	62.00

4.2 For an athlete to be considered for nomination for the 2016 OG in a Relay Team they must have achieved the following individual Performance Standards during the Relay Event Qualification Period (i.e. 1st of January 2015 to 11th July 2016):

Men	Event	Women
10.80	4x100m	12.10
48.00	4x400m	55.00

5. NOMINATION PANEL

- 5.1 The *Athletics NZ Board* endorsed *Nomination Panel* and the *Convenor* appointed to nominate athletes to the NZOC for the *2016 OG* are:
 - a) Graham Seatter (Convenor)
 - b) Tony Rogers
 - c) Gavin Lovegrove
- 5.2 The Athletics NZ Board reserves the right to replace any member of the Nomination Panel at any time for any reason.

6. COMPULSORY SELECTION TRIAL/S

- 6.1 The following two (2) competitions are the Compulsory Selection Trial/s for the 2016 OG:
 - a) Athletics NZ Combined Events Championships, Wanganui, 20-21, February, 2016
 - b) Athletics NZ Track & Field Championships, Dunedin, 4-6 March, 2016
- 6.2 There will be no *Compulsory Trials* for the 2016 OG for the 10,000m, Marathon or Race-Walk Events.
- 6.3 Other than the 10,000m, Marathon and the Race Walk Events, all athletes seeking nomination for the 2016 OG must:
 - a) Have either competed in the *Compulsory Selection Trial/s* in the event/s most relevant to the event/s in which they are seeking selection; OR
 - b) Have received dispensation from the relevant Compulsory Selection Trial/s; OR



c) Have received a medical exemption from the relevant *Compulsory Selection Trial/s* as a result of injury or illness that occurred during the competition, or during the seven (7) days before the competition, that can be verified by the provision of the Medical Certificate.

Dispensations from Compulsory Selection Trials

- 6.4 Athletes seeking dispensation from one or more *Compulsory Selection Trials* (other than a medical exemption covered by 6.6) must make a request by email no later than seven (7) days prior to the competitions, to the *Convenor* at: Graham@Athletics.org.nz
- 6.5 Dispensations from one or more of the *Compulsory Selection Trial/*s will be at the sole discretion of the *Convenor* and will generally only be granted to athletes in exceptional circumstances.

Medical Exemption from Compulsory Selection Trial/s

6.6 Athletes that are unable to effectively compete at a *Compulsory Selection Trial/s* as a result of injury or illness that occurred during the competition, or during the seven (7) days before the competition, must make a request for a Medical Exemption by e-mail accompanied by a copy of a Medical Certificate to verify their situation, as soon as they are aware of their situation, but no later than 48 hours after the conclusion of the Compulsory Selection Trial/s, to the *Convenor* at: Graham@Athletics.org.nz

Requirements for athletes granted a Dispensations or a Medical Exemption

6.7 Athletes who are granted dispensation or a medical exemption from competing in any *Compulsory Selection Trial/s* will generally be required to complete an alternative *Proof of Fitness* trial by a date agreed between the athlete, their personal coach (if applicable) and the *Convenor* in consultation with the *2016 OG Team Leader*.

7. AUTOMATIC NOMINATION

There is no automatic nomination for the 2016 OG.

8. <u>DISCRETIONARY CONSIDERATIONS</u>

- 8.1 The *Nomination Panel* has the discretion to make enquiries of the athlete or other persons, as it sees fit, to nominate athletes that meet the eligibility requirements set out in this *Nomination Criteria*.
- 8.2 The *Nomination Panel* may give weight to any one or more of the nomination factors below in clause 8.3 and, if it does, to apply such weighting to one or more athletes as it see fit. No particular factor shall be weighted more or less significantly by reason only of the order in which that factor appears in this *Nomination Criteria*. The Nomination Panel shall not be required to provide any explanation of these factors or any relevance to nomination or non-nomination.
- 8.3 In applying their discretion the *Nomination Panel* may consider any factor or combination of factors that are, in their opinion, relevant to their decision whether or not to nominate an athlete, including but not limited to the athlete's:
 - a) Performance at the Compulsory Selection Trial;
 - b) Potential to be highly competitive at the 2016 OG;
 - c) Ranking at the time of the *Compulsory Selection Trial/s* for those athletes that receive dispensations;
 - d) Competitive record against other athletes under consideration for nomination in the same event;
 - e) Commitment and focus on competing at the 2016 OG;
 - f) Demonstrated compliance with the rules of events and competitions;
 - g) Understanding and respect for the obligations that accompany being a member of a New Zealand team when competing at the 2016 OG, including respect for team members and support staff;
 - h) History of performances at previous selected individual or team events; and
 - i) Recent injuries or illness.
- 8.4 In any decision regarding the nomination of athletes in the team, the *Nomination Panel* may, in their sole discretion, take into account or give weight to any extenuating circumstances, including but not limited to:

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- a) Injury or illness;
- b) Travel delays;
- c) Equipment failure;
- d) Bereavement or personal misfortune; and/or
- e) Any other factors reasonably considered by *the Nomination Panel* to constitute extenuating circumstances.

9. NOMINATION AND SELECTION PROCESS

- 9.1 The *Nomination Panel* may nominate Individual Athlete(s) or Relay Team(s) to the NZOC for selection in accordance with this *Nomination Criteria* as outlined in clause 7 of the NZOC/Athletics NZ Agreement.
- 9.2 Neither the *Nomination Panel*, nor *Athletics NZ*, has the right or the power to select athletes for inclusion to the New Zealand team to compete at the *2016 OG*.
- 9.3 Nothing in this *Nomination Criteria* obliges *Athletics NZ* to nominate a full contingent of athletes in any particular event regardless of anything else in this Nomination Criteria, the *IAAF Technical Regulations* or the *2016 OG Local Organising Committee ("LOC")* Entry Requirements.

Nomination and Ratification

- 9.4 The *Nomination Panel* will provide the *Athletics NZ Board* with details of the athlete(s) the *Nomination Panel* wishes to nominate for selection.
- 9.5 The *Athletics NZ Board* must ratify the nomination of the athlete (s) before it is forwarded to the NZOC's Selection Panel for their decision whether or not to select the athlete to compete at for the *2016 OGs*.

Athletics NZ Nomination Dates

- 9.6 There will be two nomination dates upon which Athletics NZ will advise athletes whether or not they have been nominated for selection to the NZOC for the *2016 OG*.
- 9.7 All athletes who have completed an NZOC Athlete Application Form will be notified by Athletics NZ whether they have been nominated for selection by the NZOC or not yet nominated by 5pm on Friday 15th April, 2016 ("Initial Nomination Date."). Athletes who qualify under clause 2.2(a) and 2.2(b) will be nominated on the Initial Nomination Date. A maximum of two athletes, in total, in each event may be nominated on the Initial Nomination Date.
- 9.8 All athletes who have not already been nominated will be notified no later than 5pm on Tuesday the 12th of July, 2016 ("Final Nomination Date") whether they will be:
 - a) Nominated to the NZOC for selection; OR
 - b) Nominated to the NZOC for selection, subject to Athletics NZ receiving an invitation for them to compete from the IAAF/LOC; OR
 - c) Have not been nominated to the NZOC for selection.
- 9.9 Any athlete who is not nominated by Athletics NZ in accordance with this *Nomination Criteria* may appeal their non-nomination by following the procedures outlined in the NZOC/ Athletics NZ Agreement (in particular clause 11). See clause 10 below.

Selection Announcements

- 9.10 The *Initial Selection Announcement* of athletes nominated and subsequently selected for the *2016 OG* will be published on the *Athletics NZ* website no later than 5pm on Friday 22nd April, 2016.
- 9.11 The *Final Selection Announcement* of athletes nominated and subsequently selected will be published on the *Athletics NZ* website no later than 5pm on Friday 15th July, 2016.
- 9.12 Any athlete who is not selected by the NZOC in accordance with the NZOC Selection Policy 2016 Rio Olympic Games may appeal their non-selection by following the procedures outlined in the NZOC/ Athletics NZ Agreement (in particular clause 12). See clause 11 below.



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10. NON-NOMINATION APPEALS PROCESS

- 10.1 Athletes not nominated by the *Athletics NZ Board* can query their non-nomination (i.e. seek clarification regarding their non-nomination) after each Nomination Date with the *Convenor of the Nomination Panel*.
- 10.2 Any athlete whose nomination is not ratified by the Athletics NZ Board in accordance with this Nomination Criteria may appeal their non-nomination by following the procedures outlined in the NZOC/Athletics NZ Agreement (in particular, clause 11) providing they:
 - a) Have completed the NZOC Athlete Application Form and provided that completed form to Athletics NZ by 5:00pm on Tuesday 24th May 2016; AND
 - b) Have completed and signed their NZOC Athlete Agreement by 5:00pm on Tuesday 24th May 2016, AND
 - c) Submit a notice of their intention to appeal their non-nomination in writing to the *Convenor* or the *Athletics NZ High Performance Director* within 48 hours of the respective Nomination Dates (i.e. For the *Initial Nomination Date* is no later than 5:00pm on Sunday 24th April, 2016 and for the *Final Nomination Date* is no later than 5:00pm on Thursday the 14th July, 2016).

11. NON-SELECTION APPEALS PROCESS

- 11.1 Athletes not selected by the *NZOC* after being nominated by *Athletics NZ* can appeal their non-selection by following the procedures outlined in the NZOC/Athletics NZ Agreement (in particular, clause 12) providing they:
 - a) Have completed the NZOC Athlete Application Form to *Athletics NZ* by Tuesday 24th May 2016;
 - b) Have completed and signed their NZOC Athlete Agreement by 5pm Tuesday 24th May, 2016; AND
 - c) Submit a notice of their intention to appeal their non-selection in writing to the NZOC Convenor of Selectors within 48 hours of the respective *Selection Dates* (i.e. For the *Initial Selection Announcement* is by 5pm on Sunday 24th April, 2016 and for the *Final Selection Announcement* is by 5:00pm on Sunday 17th July, 2016.

12. <u>VILLAGE PRE-ENTRY PROOF OF FITNESS REQUIREMENTS</u>

- 12.1 All athlete seeking nomination and selection should be aware that selections by the NZOC are conditional and are subject to the NZOC's rules and regulations applying to the 2016 OG. These conditions include, but are not limited to, the following;
 - a) All selections for the 2016 OG remain conditional until an athlete has met their Village Pre-Entry Proof of Fitness Requirements.
 - b) Generally Village Pre-Entry Poof of Fitness Requirements will be assessed at the Village Pre Entry Camp (Date to be confirmed Saga, Japan)
 - c) Exemptions from the Village Pre-Entry Camp can be approved by the ANZ-HP Director. Application for such exemption must be made to performance@athletics.org.nz by 5:00pm on Monday 30th May 2016.
 - d) All selected athletes will be advised in writing of their specific *Village Pre-Entry Proof of Fitness Requirements* by the *Convenor of the Nomination Panel* and/or the *2016 OG Team Leader*.
 - e) The time frame for all athletes to achieve specific *Village Pre-Entry Proof of Fitness Requirements* will be at the discretion of the *Convenor of the Nomination Panel* and/or the *2016 OG Team Leader*. However, generally it will be prior to them leaving for the *2016 OG* from New Zealand or their place of residence.
 - f) Generally, failure by a selected athlete to meet the *Village Pre-Entry Proof of Fitness**Requirements* will result in an athlete who has been selected to the team being withdrawn from the 2016 OG. Such a decision is the responsibility of the 2016 OG Team Leader based on feedback/advice from the Convenor of the Nomination Panel and relevant medical personnel.



- g) Athletes selected or seeking selection for the Marathon, 20km Race Walk or 50km Race Walk at the 2016 OG should consult with, and receive the approval from the 2016 OG Team Leader to;
 - Compete in a Half Marathon (or further) or 20km Race Walk (or further) after Monday 6th June 2016.
 - II. Compete in any event exceeding 10km after Monday 18th July 2016

13. GENERAL INFORMATION

- 13.1 This *Nomination Criteria* may be amended at any time prior to the Final Nomination Date, by the *Athletics NZ Board* with the approval of the *NZOC*. Any amendment to this *Nomination Criteria* will be published on the *Athletics NZ* website.
- 13.2 The *Athletics NZ Board* will give as much notice as possible of any amendment/s made to this *Nomination Criteria* to persons it considers may be affected by any such amendment.

Funding

- 13.3 Travel, accommodation and costs of meals for athletes competing at the 2016 OG will be covered by Athletics NZ High Performance (ANZ-HP) Programme and/or the NZOC.
- 13.4 Travel, accommodation and a substantial contribution to the costs of meals for athletes competing at the 2016 OG will be covered for approximately 10 days prior to the 2016 OG at the ANZ-HP Village Pre-Entry Camp (details to be confirmed).
- 13.5 Budget permitting, accommodation and a contribution to the costs of meals may be provided to personal coaches of athletes in *Individual Events* for approximately 10 days prior to the *2016 OG* at the *ANZ-HP* Village Pre-Entry Camp (details to be confirmed).

Team Leader/Coach/Staff Appointments

- 13.6 The 2016 OG Team Leader will be named by Friday 26th June 2015.
- 13.7 The 2016 OG Team Leader, in consultation with the ANZ-HP Director, will identify a shortlist of possible team coaches and liaise with those coaches regarding their availability for the 2016 OG.
- 13.8 For further information regarding staff appointments contact Kat Austin at: kat@athletics.org.nz

14. ADDITIONAL COMEPTITION INFORMATION

14.1 For further information regarding the 2016 OG refer to: www.rio2016.com/en

15. OTHER APPLICABLE DOCUMENTS

- NZOC and Athletics NZ Agreement for the 2016 OG;
- NZOC Selection Policy;
- NZOC Athlete Application Form; AND
- Athlete Agreement



SCHEDULE 1

Athletics New Zealand Long List Standards 2016 Rio Olympic Games

Athletes are required to complete and submit to Athletics NZ an "<u>Athlete Application Form for Nomination/Selection</u>" by 5pm on Monday 7th March 2016 by **scan or email:** <u>Deb@athletics.org.nz</u> or drop it into our Office at, Millennium Institute of Sport, 17 Antares Place, Rosedale, Auckland.

Athletes eligible to complete applications are:

- ANZ-HP / HPSNZ Carded Athletes (as at 27th July 2015); and
- Athletes that have achieved the Long List Standard (listed below) between 1st January 2014 and 26th July 2015, with the performance recorded on the official Athletics NZ Ranking List.

Men	Event	Women
10.30	100m	11.43
20.81	200m	23.43
46.26	400m	52.52
1:47.20	800m	2m02:30
3:39.40	1,500m	4m09:50
13m33:00	5,000m	15m29:20
28m21:90	10,000m	32m34:30
2hr15:20	Marathon	2hr 30:29
1hr 23:50	20Km Race Walk	1hr 33:56
3hr 56.20	50km Race Walk	-
8m33:10	3000m SC	9m50:90
13.69	110mH/100mH	13.18
50.25	400H	56.76
8019pts	Decathlon/Heptathlon	6113pts
2.26	High Jump	1.90
5.54	Pole Vault	4.46
7.97	Long Jump	6.58
16.63	Triple Jump	13.96
20.20	Shot Put	17.62
64.35	Discus Throw	60.39
75.83	Hammer Throw	70.29
81.87	Javelin Throw	61.08

Note: For a Performance Standard for a Marathon Event to be eligible the performance must have been achieved at an IAAF accepted Marathon Competition (i.e. as listed on the IAAF website).

Applications *may* be accepted from athletes that are outside the Long List Standards on a case by case basis at the sole discretion of the High Performance Director, providing they are received by 5pm on Monday 7th March 2016.

After the deadline (7th March, 2016) athletes can only be added to the Long List at NZOC's discretion and if Athletics NZ can provide the NZOC with evidence that an athlete has demonstrated such accelerated performance that he/she could not have reasonably been in contemplation on or before 7 March 2016.

If you have any questions please do not hesitate to contact Teams@athletics.org.nz

